

HERTS COUNTY VETERANS CHAMPIONSHIPS
MONDAY 1 MAY 2006, RIDLINS TRACK, STEVENAGE

Men 35-39

	100m		
1	P Keeble	SNH	13.0
	5000m		
1	I Johnstone	Shett	15.54.0
2	S Smithson	FVS	20.01.4

Men 40-49

	100m		
1	P Campbell	StAlb	12.3
2	P Ilo	BAR	12.9
3	D Stephenson	FVS	13.3
4	S Meakins	HPX	13.5
	200m		
1	P Campbell	StAlb	25.0
2	D Stephenson	FVS	26.7
	400m		
1	D Newman	GCR	66.7
	800m		
1	D Newman	GCR	2.39.0
	5000m		
1	P Holgate	FVS	22.53.8
	3000m walk		
1	P Williams	Chilt	15.55.5
	400m Hurdles		
1	R Baynham	HPX	69.4
	Long Jump		
1	P Ilo	BAR	5.43
	Shot		
1	D Lipscomb	Serp	8.20
	Discus		
1	D Lipscomb	Serp	26.01
	Javelin		
1	C Westcott	UNA	39.92

Men 50-59

	100m		
1	P Pinnington	E&H	13.4
2	M Maisey	HPX	13.5
	200m		
1	M Maisey	HPX	27.7
	5000m		
1	J Brown	FVS	20.18.2
2	S Allen	BAR	21.24.1
	Long Jump		
1	P Pennington	E&H	5.32
	Triple Jump		
1	P Pennington	E&H	11.35
	Shot		
1	M Small	WSEH	13.76
2	T Saunders-Mullins	SNH	9.35
3	M Wallace	WAT	8.21
4	M Shortland	SNH	7.92
5	P Smith	BAR	7.61
	Discus		
1	M Small	WSEH	44.41
2	M Bennett	BAR	31.53

3	M Wallace	WAT	28.16
4	P Smith	BAR	23.80
5	T Saunders-Mullins	SNH	20.64
6	M Shortland	SNH	19.58
	Javelin		
1	M Bennett	BAR	42.95
2	M Small	WSEH	42.67
3	T Saunders-Mullins	SNH	25.66
4	M Shortland	SNH	25.57

Men 60-69

	200m		
1	C Lawn	HPX	30.5
	400m		
1	C Lawn	HPX	67.4
	800m		
1	R Head	HPX	2.53.0
	3000m walk		
1	A Newman	HPX	18.22.6
	High Jump		
1	R Parles	WAT	1.30
	Shot		
1	P Hallett	EVAC	8.35
2	B Yeomans	WAT	8.31
	Discus		
1	B Yeomans	WAT	31.89
2	P Hallett	EVAC	28.43
	Javelin		
1	B Yeomans	WAT	26.79

Men 70+

	5000m		
1	J Steed	HPX	21.43.3
	3000m walk		
1	A Thomson	HPX	15.20.4
		(World Best)	
2	K Livermore	E&H	20.33.0
3	H Jaquest	WAT	23.35.2
	Shot		
1	I Miller	HPX	11.22
	Discus		
1	I Miller	HPX	31.78
	Javelin		
1	I Miller	HPX	23.64

Women 35-39

	3000m		
1	J Gandee	HPX	11.29.0
	Shot		
1	M Atkinson	WAT	6.84
2	N Phillips	WAT	5.91
	Discus		
1	N Phillips	WAT	20.60
2	M Atkinson	WAT	15.67
	Javelin		
1	M Atkinson	WAT	16.51
2	N Phillips	WAT	16.15

Women 40-49

	800m		
--	-------------	--	--

1	D Farmer	MK	2.57.4
	3000m		
1	S Crowley	FVS	13.30.3
	400mHurdles		
1	S Reed	SNH	83.2

Women 50-59

	800m		
1	J Saunders-Mullins	SNH	2.36.7
	Pole Vault		
1	S Yeomans	WAT	2.60
	Shot		
1	J Saunders-Mullins	SNH	8.81
	Javelin		
1	J Saunders-Mullins	SNH	28.35

Women 60+

	Triple Jump		
1	S Gandee	HPX	5.83